

BOLDO



Boldo (Peumus boldus) Extract - 1 oz

Item #: 00200

Source: Peru

Part Used: Leaves

We perform Third Party Testing on all our herbs to ensure we are providing you with the highest quality available.

Boldo (*Peumus boldus*) is an evergreen tree that produces small berry like fruit. The round leaves are very fragrant and used for culinary purposes, much like bay leaves are used, primarily in Latin America.

An excavation of Monte Verde in Southern Chile revealed Boldo and other herbs wrapped in seaweed which were used by people who inhabited that region 12,500 years ago.

A famed herb in the Andes Mountains of Chile and Peru, Bold has traditionally been considered a strong bitter tonic and used by the natives of South America to support the digestive system.

The German Commission E has approved boldo leaf as an herbal supplement that allows use for complaints of the gastrointestinal tract.

Boldo leaf contains the alkaloid boldine.

We prepare our Boldo Extract from the dried leaves of the Boldo plant sourced directly from Peru.

DIRECTIONS:

Use 10-15 drops once or twice a day in water or as recommended by a health care practitioner.

INGREDIENTS:

35-40% organic grain alcohol, distilled water, Chu Chu Huasi (*Maytenus macrocarpa*)



*All statements have not been evaluated by the FDA. We are not medical practitioners. Products are not intended to diagnose, treat, cure or prevent any disease. Information provided should not be used as medical advice. Not intended for pregnant or nursing women.